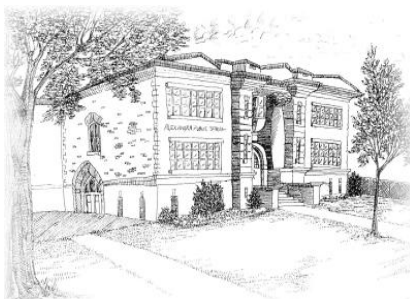


February 1, 2012



K. Burge, Principal



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<http://aps.tldsb.on.ca>*Of Whom Much is Given, Much is Expected*

## PRINCIPAL'S MESSAGE

Despite January's crazy weather of ice and snow our students have made the best of each day. Our junior mixed volleyball team took part in the Zone Tournament at Queen Victoria School on January 19<sup>th</sup>. The players displayed great skill and sportsmanship, winning all their games to proceed in first place to the County tournament. Mr. McGregor's class went on a winter adventure to Yearly with several very helpful parent volunteers. While on this overnight winter adventure the class went snowshoeing, cross country skiing and played several outdoor games. All students came back happy and exhausted. The very next day our Junior Mixed Volleyball team took part in the County tournament. Mr. McGregor continually worked to keep the players alert and won the tournament despite the need for sleep! Our grade three students have been taking part in the Swim to Survive program at the Recreation Complex. They have completed 2 of the 3 lessons and are enjoying the time at the pool. Finally, our Superintendent Shelley Woon came to visit our school on January 30<sup>th</sup>. She was impressed with our student's work and the learning going on at Alexandra Public School. We look forward to a great month in February!

### UPCOMING EVENTS

Feb. 2 P.A. Day

Feb. 17<sup>th</sup> Report  
Cards Home

Feb. 20 Family Day

Feb. 24 Ski and  
Outdoor Experience  
DayFeb. 28 & 29 -  
Dental ScreeningMarch 10-17 -  
March Break

## COUNTY CHAMPIONS!!!

Our Junior Mixed volleyball team played extremely well at the volleyball tournament held on January 26<sup>th</sup> at Ridgewood Public School. They defeated Rolling Hills, Dr. George Hall, Langton, Dunsford and then beat Lady Mac in the semi-finals. In the Championship game they met up with Leslie Frost. Demonstrating great team play the Royals were declared the Champions! Thanks to Mr. McGregor for all of his coaching efforts!

## PD DAY

On Thurs., Feb. 2 there will be a PD Day for teachers. There will be no school that day.



## FAMILY DAY

All schools and offices will be closed for the statutory holiday, Family Day, on Monday, Feb. 20, 2012. We hope you enjoy this extended weekend with your family!

## BREAKFAST CLUB

We continue to support the Breakfast bins in the classrooms each day. Mr. Korz has recently joined our Breakfast Club Volunteers to help out on Thursday mornings. The APS staff and students really appreciate the community support of this program. A big thank-you also goes out to Mrs. Stephenson and Mrs. Dimoglou for picking up food for our breakfast club each week!



## CHARACTER RECOGNITION ASSEMBLY

The Character Recognition Assembly for January's "trustworthiness" trait, will be held on Friday, Feb. 3. We will post the winner's names after the Assembly. In February the character trait will be "honesty."

*Honesty-*



*Is when you are*

## INFORM THE OFFICE

Please continue to let us know if your **address, phone number or other contact phone numbers change**. We must keep up-to-date records in order to contact you if your child is ill.

**Please remember that all visitors to the school are asked to sign in at the office.**

## FUTURE GROWTH

Kindergarten Registration is a very important time of year here at Alexandra, as we welcome our new Royals into the school. If you know of any children eligible for Kindergarten this year, please have them register now. These registrations affect the entire staffing, the allotment of teachers at Alexandra Public School, as well as whether we have straight or blended grades.

## DENTAL SCREENING

The HKPR Health Unit will be at the school on Feb. 28 & 29 to perform dental screening on students from JK - Gr. 2.

# Parent Engagement



## MAKING SENSE OF MONEY

**How can we help our kids learn what money is, and how to handle it?**

Margaret Johnson owns a credit counselling business and volunteers her time to teach school children about money. "I always ask where it comes from. One little girl said, 'From the machine,' and when I asked what happened when the machine ran out, she replied, 'You just go to another machine.'"

**Give an allowance.** Johnson says kids as young as six are ready for a little money of their own, despite the fact that some will blow it on candy. That's ok, she says. "Better to learn from their mistakes at this age than when they're older."

**Give it in coins.** "Kids this age love to look at coins and they can put them into their banks." Coins are also a chance for kids to strengthen their math skills. Show her that five pennies equals a nickel, two nickels equals a dime, and so on.

**Encourage goals.** Ask, 'If you had a lot of money, what would you do with it?' If there's something he wants to buy, price it out together and figure out how long it will take him to save for it. This gets kids thinking a little more long-term.

**Share family values.** Talk with kids about how you spend, save or donate the family income, and why: 'Mom and Dad put aside money every week for our vacation. Would you like to save some of your allowance so that you have some extra spending money?'

**Get to know the bank.** Open a no-fee children's account and encourage your child to make regular deposits, using a passbook.

That way she gets to see her savings grow.

**Be careful about credit.** "If you give children money when they've burned through their allowance, the lesson is, 'if I run short, I can always get more,'" says Johnson. If you don't allow those tough moments, you're actually encouraging debt.

## MENTAL HEALTH MINUTE

**Did You Know: 1 in 5 children and youth suffer from a mental health problem?**

Children and youth can experience mental health problems that range from mild to serious. For instance, some students may have a little anxiety when they are facing a test, while others may be very anxious about the same test. When a problem lasts for more than a few weeks, and interferes with the student's daily life, then it becomes a concern that requires further help. Depression and anxiety are the most common mental health problems for children and youth.

Visit [www.tdsb.ca](http://www.tdsb.ca) and click on our [Mental Health Strategies](#) page for links to parent fact sheets on child and youth mental health and mental illness.

FEBRUARY 2012



Visit [tdsb.ca](http://tdsb.ca) or call toll free 1.888.526.5552

## WINTER ELECTIVES DAY

On Friday, February 24, 2012 all students and staff from Grade 1 - 6 will be participating in our Winter Electives Day. This year we are offering two options for Electives. Our goal is to build a positive community at our school and participating in fun activities together is a great way to support this goal. All students from Grades 1 - 3 will be going to Fair Haven Outdoor Education Centre to participate in activities such as: snowshoeing, cross country skiing, animal tracking, snow tubing and so on. The grade 4-6 students will participate in some of the same activities as well as a high ropes course and rock climbing for a day of exciting outdoor activities. All students from Grades 4, 5 & 6 will have a choice of going to Devil's Elbow Ski Area or Fair Haven. All students must take a ski lesson before being allowed to proceed to the hills. Wearing a helmet is mandatory for all snowboarders and highly suggested for skiers. Skis, Snowboards and helmets can be rented at the Ski Area. Please return your forms and money to the school no later than February 16, 2012.

## LITTERLESS LUNCH TIPS

### YES PLEASE!

Reusable Lunch Carrier  
Reusable containers  
Reusable drink bottle or thermos  
Cloth Napkin to wash and reuse  
Silverware to wash and re-use  
Healthy snacks!

### PLEASE AVOID

Avoid paper or plastic bags  
Avoid plastic wrap, foil, wax, or Styrofoam  
Avoid single-use cans, bottles, or cartons  
Avoid paper napkins  
Avoid plastic forks/spoons  
Avoid over-packaged snacks

## Community News

### THE LINDSAY GALLERY

March Break Art Camp  
March 12- 16, 2012 , For Ages 7-13  
Encourage your child to explore their inner artist! Cost \$250 non - members.  
Call 324-1780 for more information.

### YOUNG WRITERS WORKSHOP SERIES

The City of Kawartha Lakes Public Library is pleased to present a series of workshops for young writers which encourage children to write and illustrate their own books.

The Lindsay Library workshops are scheduled for Tuesdays at 4 pm for eight consecutive weeks commencing on February 21. Contact the Lindsay Library at 705 324-9411 ext 1332 for more information.

### KAWARTHA LAKES SOCCER CLUB

**YOUTH SOCCER LEAGUE**, For ages 7 - 10  
**(Born 2005-2002)**

#### DEVELOPMENTAL LEAGUE TRY-OUTS

Friday, February 3rd/12 from 6:30 - 8:00pm at L.C.V.I  
Tuesday, February 7th/12 from 6:30 - 8:00pm at Queen Victoria P.S.

Sunday, February 19th/12 from 10am-12pm at L.C.V.I  
Registration Includes: One game per week, One practice per week, Uniform

(jersey, short and socks), Certified Referees, End of Season Tournament & Trophy, Season Runs from May-August, Travelling Locally.

If you are interested in Coaching, please contact the Kawartha Lakes Soccer Club.

For more information, please visit our website at [www.kawarthalakessoccerclub.com](http://www.kawarthalakessoccerclub.com),  
Contact Keri Sedore at 705-799-3264 or email us at [kawartha\\_inferno@yahoo.ca](mailto:kawartha_inferno@yahoo.ca)